

RANK/AGE	MON.	TUE.	WED.	THU.	FRI.	SAT.
<b>Tiger-Cubs (4-6)</b> All Ranks	NO LESSON	4:30 - 5:00 P.M.	NO LESSON	4:30 - 5:00 P.M.	NO LESSON	8:45 - 9:15 A.M.
<b>Juniors (6-11)</b> White & Yellow Belts	4:20 - 5:00 P.M.	6:00 - 6:40 P.M.	4:20 - 5:00 P.M.	6:00 - 6:40 P.M.	4:20 - 5:00 P.M.	12:05 - 12:45 P.M.
<b>Juniors (6-11)</b> Green Belts	4:20 - 5:00 P.M.	NO LESSON	5:10 - 5:50 P.M.	6:50 - 7:30 P.M.	5:10 - 5:50 P.M.	11:15 - 11:55 A.M.
<b>Juniors (6-11)</b> Blue Belts	5:10 - 5:50 P.M.	6:50 - 7:30 P.M.	NO LESSON	5:10 - 5:50 P.M.	5:55 - 6:35 P.M.	10:25 - 11:05 A.M.
<b>Juniors (6-11)</b> Brown, Red, & Black Belts	6:00 - 6:40 P.M.	5:10 - 5:50 P.M.	6:00 - 6:40 P.M.	NO LESSON	5:55 - 6:35 P.M.	10:25 - 11:05 A.M.
<b>Teens (12-15)</b> All Ranks	6:50 - 7:35 P.M.	7:45 - 8:30 P.M.	6:50 - 7:35 P.M.	7:45 - 8:30 P.M.	NO LESSON	9:30 - 10:15 A.M.
<b>Adults</b> All Ranks	7:45 - 8:30 P.M.	12:00 - 12:45 P.M.	7:45 - 8:30 P.M.	12:00 - 12:45 P.M.	6:45 - 7:30 P.M.	9:30 - 10:15 A.M.

Schedule subject to change based on attendance trends.

## ON TIME POLICY

Tiger-Rock Martial Arts has a firm on time policy. It is expected that students arrive 5 to 10 minutes early before class starts. Students who arrive up to 10 minutes late receive no lesson credit, but may participate in class. Students who arrive more than 10 minutes late will not be allowed to participate in class.

## STEPS TO SUCCESS

1. Attend class 2-3 times a week
2. One 30-minute practice session at home each week
3. One private lesson per month or per testing cycle
4. Success

## Minimum classes to take to qualify for belt testing

Tiger-Cubs/White	Yellow, Green, Blue	Brown, Red	Black
<b>10</b>	<b>12</b>	<b>14</b>	<b>28</b>