

TIGER-ROCK MARTIAL ARTS OF KATY SOUTH

TRAINING SCHEDULE

EFFECTIVE 8/22/2022



RANK/AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIGER CUBS (Ages 4-5)	—	4:30-5:00pm	—	4:30-5:00pm	—	1:00-1:30pm
JUNIORS (6-11) White/Yellow Belts	4:20-5:00pm	6:00-6:40pm	4:20-5:00pm	6:00-6:40pm	4:20-5:00pm	12:05-12:45pm
JUNIORS (6-11) Green Belts	5:10-5:50pm	6:45-7:25pm	6:00-6:40pm	5:10-5:50pm	5:10-5:50pm	11:15-11:55am
JUNIORS (6-11) Blue Belts	5:10-5:50pm	6:45-7:25pm	6:00-6:40pm	5:10-5:50pm	5:10-5:50pm	11:15-11:55am
JUNIORS (6-11) Brown Belts	6:00-6:40pm	5:10-5:50pm	5:10-5:50pm	6:45-7:25pm	5:10-5:50pm	10:25-11:05am
JUNIORS (6-11) Red Belts	6:00-6:40pm	5:10-5:50pm	5:10-5:50pm	6:45-7:25pm	5:10-5:50pm	10:25-11:05am
JUNIORS (6-11) Black Belts	6:00-6:40pm	5:10-5:50pm	5:10-5:50pm	6:45-7:25pm	6:00-6:40pm	10:25-11:05am
TEENS (12-15) Color Belts	6:50-7:35pm	7:30-8:10pm	7:45-8:30pm	7:30-8:10pm	7:45-8:30pm	9:30-10:15am
TEENS (12-15) Black Belts	6:50-7:35pm	7:30-8:10pm	7:45-8:30pm	7:30-8:10pm	6:00-6:40pm	9:30-10:15am
ADULTS (16+) All Ranks	7:45-8:30pm	12:00-12:45pm 8:15-9:00pm	7:45-8:30pm	12:00-12:45pm 8:15-9:00pm	6:00-6:40 (B) 7:45-8:30 (C)	9:30-10:15am

XP TRAINING

Membership Upgrade Required
6:50-7:35pm every Wednesday
Open to Blue Belts & Above

INSTRUCTOR TRAINING

By Invitation Only - Red Belts and Black Belts
6:50-7:30pm on
1st and 3rd Friday of each month

DEMO TEAM PRACTICE

By Invitation Only - Brown Belts & Above
6:50-7:30pm on
2nd and 4th Friday of each month

ON TIME POLICY

- Students should arrive 10 minutes before each lesson.
- Students arriving more than 10 minutes late will not be allowed to participate.
- Late students will not receive any lesson credit.

TIPS FOR SUCCESS

- Attend class 2-3 times per week
- Do practice sessions at home
- Do private lessons once per cycle.
Private lessons are available by appointment only.

TESTING GUIDELINES:

- 10 Lessons for Cubs & White Belts
- 12 Lessons for Yellow-Blue Belts
- 14 Lessons for Brown & Red Belts
- 28 Lessons for Black Belts
- Must test to earn new rank!

5757 KATY-GASTON ROAD, KATY, TEXAS 77449
(281) 202-3713 ■ KATYTKD.COM

TIGER-ROCK MARTIAL ARTS OF KATY SOUTH

BEGINNERS SCHEDULE

EFFECTIVE 8/22/2022



TIGER CUBS

Monday	No Lessons
Tuesday	4:30-5:00pm
Wednesday	No Lessons
Thursday	4:30-5:00pm
Friday	No Lessons
Saturday	1:00-1:30pm

JR. WHITE BELTS

Monday	4:20-5:00pm
Tuesday	6:00-6:40pm
Wednesday	4:20-5:00pm
Thursday	6:00-6:40pm
Friday	4:20-5:00pm
Saturday	12:05-12:45pm

TEENS

Monday	6:50-7:35pm
Tuesday	7:30-8:10pm
Wednesday	6:50-7:35pm
Thursday	7:30-8:10pm
Friday	7:45-8:30pm
Saturday	9:30-10:15am

ADULTS

Monday	7:45-8:30pm
Tuesday	12:00-12:45pm & 8:15-9:00pm
Wednesday	7:45-8:30pm
Thursday	12:00-12:45pm & 8:15-9:00pm
Friday	7:45-8:30pm
Saturday	9:30-10:15am

ON TIME POLICY

- Students should arrive 10 minutes before each lesson.
- Students arriving more than 10 minutes late will not be allowed to participate.
- Late students will not receive any lesson credit.

TIPS FOR SUCCESS

- Attend class 2-3 times per week
- Do practice sessions at home
- Do private lessons once per cycle.
Private lessons are available by appointment only.

TESTING GUIDELINES:

- 10 Lessons for Cubs & White Belts
- 12 Lessons for Yellow-Blue Belts
- 14 Lessons for Brown & Red Belts
- 28 Lessons for Black Belts
- Must test to earn new rank!

5757 KATY-GASTON ROAD, KATY, TEXAS 77449
(281) 202-3713 ■ KATYTKD.COM